



Decade of Days-2022

January 20 – January 29

*An opportunity to reflect on
the values we hold TODAY
that become part of creating the future!*



During this Decade of Days we ask that you consider spending some time each day with these values which are core to who we are. We invite you to reflect with a friend or in local community to share your reflections and your hopes.

*May these days deepen our desire to
incarnate the love and compassion of Jesus!*

✧ BEING AND DOING ✧

Just as your congregation is entering upon a new path,
so you also must renew within yourselves the spirit of
your vocation and fidelity to your duties.

Fr. Basil Moreau, CL #8, 1858



Pray with
Luke 10: 38-42

**How do I/we embrace silence and simplicity?
Take time for contemplative silence and then pray:**

*God of yesterday, today, and forever,
Free us to embrace our emerging future.*

CHURCH

As Marianites of Holy Cross, we commit ourselves to live the gospel in the service of God's people. We accept the way of a pilgrim who lives on this earth with things unfinished and we participate actively in the building of a Kingdom which will be fully realized only in the world to come.

Constitution #4



Pray with
Matthew 4: 19

**How am I/are we a prophetic presence
in the world, church, my locale?**

Take time for contemplative silence and then pray:

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COMMUNITY

Pope Francis tells us that the Church grows through community witness: “Knowing how to transmit the joy and happiness of faith experienced in the community makes the Church grow by the power of attraction.” The simple fact of communal living is a testimony in a society that is increasingly individualistic.

Mercedes Sanchez, FSpS



Pray with
Acts 2:42 -47, Colossians 3:13 -14

**How am I/are we energized in community?
Take time for contemplative silence and then pray:**

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CONTEMPLATIVE PRAYER

Through our life of prayer, through our reading and meditation of Holy Scripture, we seek to encounter God challenging us to grow in the spiritual life and furthering the mission of Christ today.

Constitution #17



Pray with
Psalm 1 or Matthew 6:6

How do I/we grow in contemplative prayer and invite others to join us?

Take time for contemplative silence and then pray:

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ENVIRONMENT

Pope Francis seems to embody two attributes associated with St. Francis of Assisi - care for the poor and love of creation. The earth is our common home. We are just beginning to awaken to this truth.

Laudato si



Pray with
Genesis 1:26-30

How do we see creation as a precious gift that has been entrusted to us or do we see it as a “resource” to be used and exploited?

Take time for contemplative silence and then pray:

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✧ FULFILLMENT ✧

“The essential thing is to be attentive to the Spirit. Fidelity to who we are and what we’re about and to help the remaining members to keep that sense of being a community of faith in Christ that drew trust in the first place and carry on in whatever way we do mission until it comes to completion.”

Sr. Sharon Holland, IHM



Pray with
Ecclesiastes 3: 1-8

**How do I/we gracefully embrace the future
trusting in Divine Providence?**

Take time for contemplative silence and then pray:

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Free us to embrace our emerging future.*

LEGACY

**Legacy is about life and living.
It's about learning from the past,
living in the present and building on the future.**

Susan V. Bosak



Pray with
Philippians 4: 9

**What will people think of us as a Congregation
when we are living eternally?**

Take time for contemplative silence and then pray:

*God of yesterday, today, and forever,
Free us to embrace our emerging future.*

LETTING GO

**It is impossible to live without failing at something,
unless you live so cautiously that you might as well
have not lived at all.**

J.K. Rowling



Pray with
2 Corinthians 5:7, Jeremiah 29:11

**How might I/we free ourselves to trust
the Spirit working in and through us?**

Take time for contemplative silence and then pray:

*God of yesterday, today, and forever,
Free us to embrace our emerging future.*

✧ VOWED LIFE ✧

“You know well that happiness is found only in the accomplishment of duty. Give ardent thanks to the Lord for having chosen you among so many others to be part of the favored number. I was God’s instrument. It is to God that you owe everything.”

Mother Mary of the Seven Dolors, 1861



Pray with
Philippians 4:4, Psalm 28: 7

**Can I/we say like Mother Mary,
“I would do the same things over again?”**

Take time for contemplative silence and then pray:

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VULNERABILITY

The truth about vulnerability is that it is not a weakness; it is a strength. ... Being vulnerable can help us to work through our emotions easier (rather than pushing them away). Vulnerability fosters good emotional and mental health. Vulnerability also is a sign of courage.

St. Luke notes



Pray with
2 Corinthians 12:9-10

**How do I/we resolutely stand
with those who are excluded?**

Take time for contemplative silence and then pray:

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Free us to embrace our emerging future.*



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